

## THERE'S LOTS TO DO WITH KCC



### RED CROSS WILDERNESS FIRST AID COURSE

At the Wilderness First Aid course, Sam Merman demonstrates how paddling equipment could be improvised to make a splint. Eleven members attended, for a total of 16 hours.

### WEDNESDAY GROUP

Trudy Coudon and Nancy OmahaBoy enjoy an early fall paddle on the upper part of Beltzville Lake. The Wednesday group chooses various lakes to explore on a semi-regular basis.



### SPECIAL PROGRAM

Jim Showalter listens as Sandy Powell speaks at our September 25th meeting. She described the National Whitewater Slalom Championships at ASCI in Western Maryland. She also told us about the international travels that her son Rick and Casey Eichfeld have enjoyed as part of their road to the Olympics.